



THE EDGY VEDGE

ALL DAY MENU | 10AM-9PM

+1 (345) 746-3349

TheEdgyVedge.com

Wifi Password: vedgeout

APPYS

- CAULI WINGS** 14
crispy cauliflower • carrot • celery • ranch
you pick: bbq • hunny garlic • buffalo
- CRABBY CAKES** 14
hearts of palm • creamy slaw • chipotle aioli
- POUTINE YOUR MOUTH** 9
house-cut fries • cheez curds • house gravy
- MEZZE** 15
beetroot hummus • cashew tzatziki • za'atar
spiced pita • crispy chickpeas • marinated
olives
- MUCHO NACHOS** 19
corn tortilla chips • spicy black bean
hummus • cheez sauce • fresh guac • pico
de gallo • sour cream • shredded lettuce •
scallions
+ ground tofu chorizo 4 + bbq jackfruit 5 + jerk tofu 4
- SPIN-DIP** 9
cashew cream • spinach • garlic •
corn tortilla chips

BAKED MAC + CHEEZ

side 8 | main 15

cheez sauce • toasted bread
crumbs • cracked black pepper
+ bbq jackfruit 5 + grilled chik'n 6
+ crispy chik'n 6 + soy bacon bits 4
for main you pick:
house-cut fries OR house salad

AVO TOAST

1 for 8 | 2 for 15

smashed avocado • cherry
tomatoes • chili flakes
you pick: caramelized mushrooms +
onions OR house-made
goat cheez

SALADS

- + grilled or crispy chik'n 6 + soy bacon bits 4
+ jerk, sesame ginger, or bbq tofu 4
- CAESAR** 13
romaine • kale • soy bacon bits • parmesan
cheez • croutons • sun-dried tomatoes •
caesar dressing
- BROCCOLI CRUNCH** 13
romaine • broccoli • shredded carrot • red
onion • crispy chickpeas • sunflower seeds
• golden raisins • soy bacon bits • ranch
dressing
- TOFU TACO** 13
tortilla bowl • romaine • tofu chorizo • pico
de gallo • sour cream • fresh guac
- GREEK** 13
romaine • bell pepper • cucumber • red
onion • kalamata olives • cherry tomatoes •
feta cheez • greek dressing

SIDES

- GARLIC BREAD** 8
garlicky goodness • parmesan cheez •
marinara
- ONION RINGS** 9
chipotle aioli
- HOUSE-CUT FRIES** 6
seasoned salt • chipotle aioli
+ cheez sauce 3
- CHARRED BROCCOLI** 8
basil oil
- HOUSE SALAD** 6
arugula • cherry tomatoes • red onion • crispy
chickpeas • sunflower seeds • lemon tahini
dressing



TACOS

- TOFU CHORIZO (3)** 14
tofu chorizo • corn tortillas • spicy black
bean hummus • fresh guac • lettuce • pico
de gallo • sour cream + 1 taco 4.5
- BBQ JACKFRUIT (3)** 16
bbq jackfruit • corn tortillas • coleslaw •
romaine • mango salsa • bbq sauce + 1 taco 5

BURGERS 'N' THINGS

served with house-cut fries

Sub: GF bun +2 house salad +3 caesar salad +4 greek salad +4
taco salad +4 broccoli crunch +4 onion rings +4 mac + cheez +6
charred broccoli +6 poutine +6
+ side gravy 3

for the burgers you pick:
house-made black bean patty
OR beyond meat patty

- CRISPY CAULI
CAESAR WRAP** 16
crispy cauliflower • flour tortilla wrap •
caesar salad
- BUFFALO CHIK'N SANDY** 18
crispy chik'n • sesame seed bun • melted
cheez • lettuce • tomato • blue cheez mayo
• buffalo sauce • pickles
- BURGER** 17
chargrilled burger • sesame seed bun •
lettuce • tomato • pickles • red onion •
garlic aioli + melted cheez 2 + soy bacon 4 + fresh
guac 3 + caramelized mushrooms + onions 2
- GOAT CHEEZ,
SHROOM + ONION** 19
chargrilled burger • sesame seed bun
• cashew goat cheez • caramelized
mushrooms + onions • lettuce • garlic aioli
- BBQ BACON CHEEZBURGER** 22
chargrilled burger • sesame seed bun • soy
bacon • melted cheez • caramelized onions
• lettuce • tomato • pickles • garlic aioli •
bbq sauce
- BIG VEDGE MAC** 22
chargrilled burger • sesame seed bun •
melted cheez • special sauce • shredded
lettuce • diced onion • pickles



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BOWLS

served over brown rice
sub baby spinach +2 OR half n' half + 1

BURRITO

 16

marinated black beans • tofu chorizo • cumin rice • pico de gallo • shredded lettuce • fresh lime • chipotle aioli

FALAFEL

 17

crispy falafel • turmeric rice • red onion • cherry tomatoes • cucumber • shredded carrots • cilantro • pita • spicy black bean hummus • cashew tzatziki

BUDDHA

 16

marinated black beans • sweet potato • edamame • shredded carrots • watermelon radish • scallions • lemon tahini sauce

SUSHI IN A BOWL

 17

sesame ginger tofu • baby bok choy • nori • pickled ginger • cucumber • edamame • sesame seeds • miso teriyaki ginger sauce

JERK-FU

 17

jerk tofu • broccoli • fire-roasted red peppers • mango salsa • jerk dressing

BEAN ME UP SCOTTY

 15

marinated black beans • sun-dried tomatoes • kalamata olives • fire-roasted red peppers • grilled kale pesto • cashew tzatziki

RAINBOWL

 17

bbq tofu • broccoli • baby bok choy • steamed kale • shredded carrots • cherry tomatoes • pickled ginger • lemon tahini sauce

SOUP

TODAY'S SOUP 7

ask your server- they'll know

PIZZAS

12 inch crust made with 00 flour
sub GF crust +6
+ soy bacon bits 4 + seitan pepperoni 4

SHROOMY

 20

potato + cauliflower cream sauce • caramelized mushrooms • mozzarella cheez • arugula • truffle oil • cracked black pepper

BUFFALO CAULI 20

potato + cauliflower cream sauce • buffalo cauliflower • mozzarella cheez • blue cheez buffalo drizzle • scallions • chili flakes

THE VEDGE

 16

marinara • spinach • charred broccoli • tomato • kalamata olives • basil oil

TOTAL JERK

 19

marinara • jerk tofu • mozzarella cheez • mango salsa • jerk mayo drizzle

THE MEDITERRANEAN

 19

grilled kale pesto • sun-dried tomatoes • kalamata olives • fire-roasted red peppers • parmesan cheez • cashew tzatziki

PEPPERONI

 16

marinara • seitan pepperoni • mozzarella cheez

MARGHERITA PIZZA

 16

marinara • mozzarella cheez • fresh basil

FOR THE KIDDOS:

CHIK'N FINGERS

 12

fries • ketchup

GRILLED CHEEZ

 9

sourdough • melted cheez • fries

BAKED MAC + CHEEZ 8

cheez sauce • toasted bread crumbs

CHEEZ PIZZA - 6"

 10

marinara • mozzarella cheez

+ seitan pepperoni 2

DESSERTS

SKILLET COOKIE 10

warm choco chip + walnut cookie • salted coconut caramel • cocoa fondue • vanilla ice cream

CHURROS

 9

cinnamon sugar • salted coconut caramel • cocoa fondue

+ vanilla ice cream scoop 3

MANGO CASHEW CHEEZCAKE

 10

cashew cheezcake • walnut + date crust • mango topping

BLUEBERRY CRUMBLE

 10

warm blueberry filling • buttery oat crumble • vanilla ice cream

CHOCO CHIP CANNOLI 9

hand-made cannoli shell • cashew cream

GET SAUCY

+2 if you gotta have that extra sauce, we won't judge

bbq • blue cheez • blue cheez mayo • buffalo • buffalo blue cheez • caesar dressing • cashew tzatziki • chipotle aioli • garlic aioli • grilled kale pesto • hunny garlic • jerk mayo • jerk dressing • lemon tahini • miso teriyaki ginger • ranch • special sauce

Please note our kitchen contains nuts, seeds, gluten and soy and we do not have a dedicated gluten free fryer. If you do have an allergy/food intolerance, please let us know before you order.

While we are extremely conscious of our products, we cannot guarantee that there is no cross contamination. We do not use any animal dairy in any of our cuisine, but we do not personally source back to the production of our products. There is the very rare chance of cross contamination when it comes to dairy allergies.