



THE EDGY VEDGE

ALL DAY MENU | 10AM-9PM

+1 (345) 746-3349

TheEdgyVedge.com

Wifi Password: vedgeout

APPYS

- CAULI WINGS** 14
crispy cauliflower • carrot • celery • ranch
you pick: bbq • hunny garlic • buffalo
- PHILLY CHEEZSTEAK
SPRING ROLLS (3)** 11
marinated seitan • sauteed bell pepper +
onion • cashew cheez sauce
- NACHOS** 14
corn tortilla chips • spicy black bean
hummus • cashew cheez sauce • fresh guac
• pico de gallo • cashew sour cream •
shredded lettuce • scallions
+ ground tofu chorizo 5 + jerk tofu 4
- MEZZE PLATE** 15
beetroot hummus • cashew tzatziki • za'atar
spiced pita • crispy chickpeas • marinated
olives
- MAC + CHEEZ BALLS** 12
crispy mac + cheez balls • marinara • ranch

BAKED MAC + CHEEZ

side 8

cashew cheez sauce • toasted
bread crumbs • cracked black
pepper
+ grilled or crispy chik'n 7

AVO TOAST

1 for 8 | 2 for 15

smashed avocado • cherry
tomatoes • chili flakes

you pick: caramelized mushrooms +
onions OR plain

SALADS

- + grilled or crispy chik'n 7
+ jerk, sesame ginger, or bbq tofu 4
- CAESAR** 14
romaine • kale • soy bacon bits • almond
parmesan cheez • croutons • sun-dried
tomatoes • caesar dressing
- BROCCOLI CRUNCH** 14
romaine • broccoli • shredded carrot • red
onion • crispy chickpeas • sunflower seeds
• golden raisins • soy bacon bits • ranch
dressing
- TOFU TACO** 14
tortilla bowl • romaine • tofu chorizo • pico
de gallo • sour cream • fresh guac
- THAI CRUNCH** 19
grilled chik'n • cabbage • carrots • red bell
pepper • cucumber • edamame • scallions
• cilantro • mint • basil • toasted cashews
• spicy thai peanut dressing • crispy soba
noodles

SIDES

- GARLIC BREAD** 8
garlicky goodness • almond parmesan
cheez • marinara
- ONION RINGS** 9
chipotle aioli
- HOUSE-CUT FRIES** 7
seasoned salt • chipotle aioli
+ cashew cheez sauce 3
- CHARRED BROCCOLI** 8
basil oil



GLUTEN FREE BUT
MAY BE CROSS-
CONTAMINATED



GLUTEN FREE BUT
MAY BE CROSS-
CONTAMINATED



NUT FREE

TACOS

- TOFU CHORIZO (3)** 15
tofu chorizo • corn tortillas • spicy black
bean hummus • fresh guac • lettuce • pico
de gallo • cashew sour cream + 1 taco 5
- SPICY ASIAN (3)** 15
spicy hoisin seitan • corn tortillas • smoked
cashew cheez sauce • sauteed bell pepper
+ onion • romaine • scallions • cilantro •
toasted sesame seeds + 1 taco 5

BURGERS 'N' THINGS

served with house-cut fries

sub: GF bun +2 caesar salad +6

taco salad +6 broccoli crunch +6 onion rings +4
mac + cheez +6 charred broccoli +6

for the burgers you pick:

house-made black bean patty

OR beyond meat patty

- CRISPY CAULI
CAESAR WRAP** 17
crispy cauliflower • flour tortilla wrap •
caesar salad
- BUFFALO CHIK'N SANDY** 19
crispy chik'n • sesame seed bun • lettuce •
tomato • blue cheez mayo • buffalo sauce •
pickles
- BURGER** 18
chargrilled burger • sesame seed bun •
lettuce • tomato • pickles • red onion •
garlic aioli
+ melted cheez 2 + soy bacon 4
+ fresh guac 3 + caramelized mushrooms + onions 2
- MCRIB** 19
seitan ribs • sesame seed bun • bbq sauce •
diced onion • pickles • garlic aioli
- BBQ BACON CHEEZBURGER** 22
chargrilled burger • sesame seed bun • soy
bacon • melted cheez • caramelized onions
• lettuce • tomato • pickles • garlic aioli •
bbq sauce
- BIG VEDGE MAC** 22
chargrilled burger • sesame seed bun •
melted cheez • special sauce • shredded
lettuce • diced onion • pickles

WE CATER TOO!
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BOWLS

served over brown rice
sub spinach +3 OR half n' half + 2

BURRITO

 16

marinated black beans • tofu chorizo •
cumin rice • pico de gallo • shredded
lettuce • fresh lime • chipotle aioli

FALAFEL

 17

crispy falafel • turmeric rice • red onion •
cherry tomatoes • cucumber • shredded
carrots • cilantro • pita • spicy black bean
hummus • cashew tzatziki

BUDDHA

 16

marinated black beans • sweet potato •
edamame • shredded carrots • watermelon
radish • scallions • lemon tahini sauce

SUSHI IN A BOWL

 17

sesame ginger tofu • baby bok choy • nori
• pickled ginger • cucumber • edamame •
sesame seeds • miso teriyaki ginger sauce

JERK-FU

 17

jerk tofu • broccoli • fire-roasted red
peppers • mango salsa • jerk dressing

BEAN ME UP SCOTTY

 15

marinated black beans • sun-dried
tomatoes • kalamata olives • fire-roasted
red peppers • grilled kale pesto • cashew
tzatziki

RAINBOWL

 17

bbq tofu • broccoli • baby bok choy •
steamed kale • shredded carrots • cherry
tomatoes • pickled ginger • lemon tahini
sauce

Please note our kitchen contains nuts, seeds,
gluten and soy and we do not have a dedicated
gluten free fryer. If you do have an allergy/food
intolerance, please let us know before you order.

While we are extremely conscious of our prod-
ucts, we cannot guarantee that there is no cross
contamination. We do not use any animal dairy
in any of our cuisine, but we do not person-
ally source back to the production of our products.
There is the very rare chance of cross contamina-
tion when it comes to dairy allergies.

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SOUP

TODAY'S SOUP 8

ask your server- they'll know
+ garlic bread 6

PIZZAS

12 inch crust made with 00 flour
sub GF crust +6
+ seitan pepperoni 6

SHROOMY

 20

potato + cauliflower cream sauce •
caramelized mushrooms • cashew
mozzarella cheez • arugula • truffle oil •
cracked black pepper

BUFFALO CAULI 20

potato + cauliflower cream sauce • buffalo
cauliflower • cashew mozzarella cheez •
buffalo blue cheez drizzle • scallions • chili
flakes

TOTAL JERK

 19

marinara • jerk tofu • cashew mozzarella
cheez • mango salsa • jerk mayo drizzle

THE MEDITERRANEAN

 19

grilled kale pesto • sun-dried tomatoes •
kalamata olives • fire-roasted red peppers
• almond parmesan cheez • cashew tzatziki

PEPPERONI 18

marinara • seitan pepperoni • cashew
mozzarella cheez

MARGHERITA PIZZA

 16

marinara • cashew mozzarella cheez •
fresh basil

FOR THE KIDDOS:

CHIK'N FINGERS

 12

fries • ketchup

GRILLED CHEEZ

 10

sourdough • melted cheez • fries

BAKED MAC + CHEEZ 8

cashew cheez sauce • toasted
bread crumbs

CHEEZ PIZZA - 6" 10

marinara • cashew mozzarella
cheez

+ seitan pepperoni 4

DESSERTS

SKILLET COOKIE 10

freshly baked choco chip + walnut cookie
• salted coconut caramel • cocoa fondue •
vanilla ice cream

MANGO CASHEW CHEEZCAKE

 10

cashew cheezcake • walnut + date crust •
mango topping

BLUEBERRY CRUMBLE

 10

warm blueberry filling • buttery oat
crumble • vanilla ice cream

BROWNIE A LA MODE

 9

warm fudgy brownie • cocoa fondue •
vanilla ice cream

GET SAUCY

+2 if you gotta have that extra sauce

bbq • blue cheez • blue cheez mayo • buffalo • buffalo blue cheez • caesar dressing
cashew tzatziki • chipotle aioli • garlic aioli • hunny garlic • jerk mayo
jerk dressing • lemon tahini • miso teriyaki ginger • ranch • special sauce